



KNOWLEDGE AND AWARENESS MAPPING PLATFORM



PRESENTS

Catch your dreams, Celebrate life !!

Catch your dreams as no one
else can do it for you.

28th April 16:00 Hrs

**SPECIAL SESSION
FOR CLASS 9TH-12TH STUDENTS**



KNOWLEDGE SESSION 2022: EPISODE 1

ORGANISED BY: KNOWLEDGE AND AWARENESS MAPPING PLATFORM

A KNOWLEDGE ALLIANCE OF



Date: 28th April 2022

Topic: Catch Your Dreams, Celebrate Life!

Organized For: Class 9th – 12th

Category: Scientific and Life Skills

No. of Participants: 400+ students from different schools across India

Speaker/Presenter: Dr. Awadh Dubey (Ophthalmologist and Motivational Speaker)

Other Attendees: Prof. B. B. Dhar (Former Director, CSIR-CMRI, Chairman, KAMP Planning and Monitoring Committee) Dr. Kanika Malik (Head-BDG, CSIR-NIScPR) Dr. Mohammad. Rais (Chief Scientist, CSIR-NIScPR) Dr. Kasturi Mandal (Principal Scientist, CSIR-NIScPR), Dr. Suman Ray (Principal Scientist, CSIR-NIScPR), Dr. Farhat Azad (Principal Scientist, CSIR-NIScPR)

Overview:

On April 28th, 2022, KAMP conducted a special workshop on "Catch your Dreams, Celebrate Life" by Dr. Awadh Dubey. Dr. Dubey is an ophthalmologist and a motivational speaker. He is also the founder of R.K. Devi Eye Research Institute and The Young Achievers Group (TYAG).

Dr. Dubey has received several national and international awards and recognition for his hard work and his dedication to serving humanity. He is a true example of medico-social entrepreneurship and service. He has been serving humanity for more than 40 years with the aim of "Reaching the Unreached".



Until March 2022, he operated on 32,771 poor eye patients, examined 3,02,491, and organized 1,010 camps. This year, to celebrate our 75th year of Independence or Azadi ka Amrit Mahotsav, Dr. Dubey aims to conduct 75 eye checkup camps and motivational talks for government school students. Additionally, he wants to conduct programs for improvements in the health and living conditions of citizens over 70 years of age.



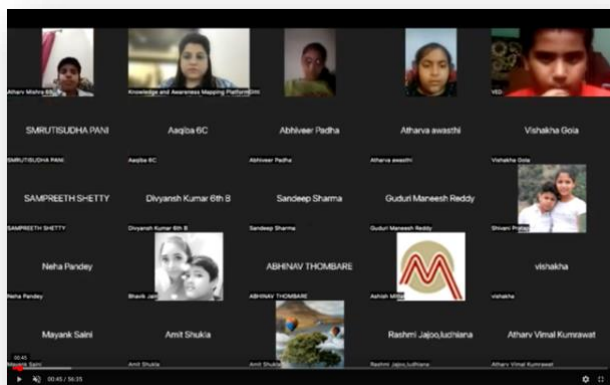
This session was graced by the presence of Prof. B. B. Dhar (Chairman, KPMC and Former Director CSIR - CMRI), Dr. Mohammad Rais (Chief Scientist CSIR-NIScPR), Dr. Kasturi Mandal (Member-KPMC PI, KAMP, CSIR-NIScPR) and our Young Aspires of KAMP.

In our session, Prof. B. B. Dhar (Chairman, KPMC and Former Director CSIR-CMRI) guided the students to have a healthy balance between studies, friends, and family. He mentions that the younger generation is very keen to learn, and as they grow, their level of confidence will increase. Eventually, it will help them succeed in life. Last but not least, he adds that the younger generation should be prepared to face life. There is a lot of competition in India, for which they must have faith in themselves.

Dr. Kasturi Mandal, before the merger of CSIR-NISCAIR and CSIR-NISTADS to form CSIR-NIScPR, was a part of CSIR-NISTADS. She was into science and technology and innovation policy research. In our session, she mentioned that exams in schools are very subject-specific and domain-specific. So, it becomes very important to map out each child, as they are unique, and guide them to use their talent for their bright future as well as for the betterment of society. She adds that NCPL has been very actively and wonderfully taking this project forward.



We were very fortunate to have them all with us for the special workshop and support us in our aim to map the science process skills and scientific attitudes of young students based on their assessment and nurture them as future scientists of the country. At KAMP, we believe that every student is blessed with a core talent and aim to bring out the best in them through this platform. We aim to inculcate critical thinking ability within them and fill in the gaps that prevent them from achieving their highest potential.



In this special workshop, Dr. Dubey addressed the young stars or rising stars of the country that even though the last 2.5 years have been quite challenging for humanity (concerning the COVID-19 and Russia-Ukraine Conflict this year), it is our moral responsibility to remain focused on our dreams and goals. We must all have a fire in our hearts, a direction in mind, and be willing to give our 100% to achieve them. The summary of the session is provided below, in which he highlights aspects of human behavioral patterns, how to make efforts, how to sustain,

and how to succeed and continue on our journey.

3. Always be open, alert, and focused

- Open to what you have to do, Alert while analyzing what are the things that are disturbing your routine, and Focus on the things that are productive for you.
- Again, with practice, you will have a better understanding of what are the things that you need to minimize from your surroundings and what are the things you need to focus on.

4. Recharge yourself with consistent discipline and time management

- We all have a synergy between consistent discipline and time management. Having a good balance between the two is the key to reaching your destination.

5. Tools of success

- Smart work is the key. Put your efforts in the right direction, using all the appropriate tools or resources you have.
- There are many tools you can use to ensure your progress. We are all familiar with timetable, compartmentalizing (categorizing) ,and group study.
- As a student, you can collect the study material required for a certain exam, prioritize as per difficulty, study with friends, and spend your time efficiently practicing for the exam.

6. The power of you

- Nobody can indeed replace you, we each have a unique talent. We all have a special place in this world. We just have to efficiently use the resources we have within ourselves as well as in our environment. Use them wisely, it will take you to places. So, like Dr. Dubey said, “You are the key to your progress”.

7. End with happiness in mind, gratitude

- Each one teaches one, each one plants one, saves electricity, saves water, coins of sight, gift of clothes.

Organized By:

Knowledge and Awareness Mapping Platform
(KAMP Operations and Coordination Office)

Moderated By:

Ms. Arika Mathur

(Convener KAMP and Member KPMC)

Team Credits:

Mr. Amit Kumar Shukla

(Head-Capacity Building Group, KAMP)

Ms. Vishakha Gola

(Sr. Coordinator KAMP)

Workshop Partner: The Young Achievers Group (TYAG) - Youth for Development, Service & International Connect